



## MY GOALS AFTER LEAVING THE CAN DO PROGRAM

Name \_\_\_\_\_ Team \_\_\_\_\_ Date \_\_\_\_\_

### GOALS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### HOW WILL YOU START WORKING ON YOUR GOALS?

Goal 1 \_\_\_\_\_  
\_\_\_\_\_

Goal 2 \_\_\_\_\_  
\_\_\_\_\_

Goal 3 \_\_\_\_\_  
\_\_\_\_\_

### HOW WILL YOU RECORD YOUR PROGRESS?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_