



## **Coronavirus, MS, and You**

### **Quick Tips for Accessing the Medical System**

### **Episode 25**

Megan Weigel, DNP, ARNP-C, MSCN: Hi everyone! This is Megan Weigel, I am a nurse practitioner in Jacksonville Beach, Florida, and I wanted to provide you with some tips of when to access the medical system and what type you should be accessing.

Megan: So we are hearing a lot from people living with MS about being scared about what might happen if they develop relapse symptoms or symptoms of COVID-19. So if you develop the acute or sudden onset of any neurological symptom, that warrants a call to 911 because it could be a stroke. If you develop worsening of MS symptoms or the gradual onset over a day or so of new neurological symptoms, I would call your MS provider for information about what the next steps are. If you develop a fever or sore throat or flu-like aches and pains or symptoms of an upper respiratory infection, call your primary care doctor to find out what the next steps might be for possible COVID-19 testing.

Megan: If you develop any of those things with respiratory distress, you need to call 911. Most cities and public health departments are recommending that you call an Emergency Room before you just show up in case of concern of COVID-19, so that they can take the appropriate measures to make sure that you and their staff are safe. So the worst thing that you can do if you are worried is to sit home and not call anyone and worry about it. So if you have any questions or concerns, be sure to check in with one of your health care providers. Be well.

[End]