

Empowerment

Responsibility

Innovation

Empathy

Comprehensiveness

Positive Approach

Effectiveness

Education

2007
YEAR IN REVIEW

PROMOTING HEALTH, CREATING HOPE

THE HEUGA CENTER
FOR MULTIPLE SCLEROSIS

2007 BOARD OF DIRECTORS
as of December 31, 2007

Jim Bergmann
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Caren Deardorf
Bob Gardner
George Garmany
Christina Groll
Michelle Leighton
Sheila Marmion
Mike Marolt
Richard Neustedter, Vice Chair
Jeff Olson, Treasurer
Holly Ong
Gini Patterson, Chair
John Shipp
Michael Thomas



*MS is a chronic, unpredictable disease
of the central nervous system.*

Dear Friends,

Thanks to you, The Heuga Center was able to achieve the following in 2007:

Organizational Efficiency

The Heuga Center earned four stars, the highest rating possible, from nonprofit evaluator Charity Navigator for our ability to efficiently manage and grow our finances. Charity Navigator is the nation's largest and most-utilized independent evaluator of nonprofit organizations. Less than a quarter of the charities evaluated by Charity Navigator receive a four-star rating. We earned this coveted rating because of our staff's hard work, board of directors' leadership and stakeholders' support.

CAN DO Program Effectiveness

The Heuga Center's formal outcomes research was initiated to quantify our CAN DO program's impact on people with MS, examining three specific areas of our program. First, we're evaluating self-efficacy or a person's confidence in their ability to perform a specific activity or behavior. Empowering people to make lifestyle or behavioral modifications has always been a cornerstone of our CAN DO program. Second, we're measuring the impact of our program on physical activity. Finally, we're assessing quality of life in our participants before and after attending our program.

This pilot outcomes-measurement study examines the participants' responses prior to program participation and compares their responses one, three and six months after program participation. To date, we have received a high response rate from our participants. We're in the process of analyzing the data for presentation in 2008.

Program & Service Development

In addition, we provided our CAN DO, CAN DO 2 and JUMPSTART programs. We also added valuable service through our expanded relationship with Pat Kennedy, a nurse practitioner and MS certified nurse who has been one of our program consultants for more than 20 years. Pat is our Nurse Educator who educates our program staff and participants, and general public about MS.

With admiration and respect,



Brian Hutchinson, PT, MSCS
President and CEO

MISSION & CORE VALUES



OUR MISSION

The Heuga Center leads the way with comprehensive programs that empower people and families living with MS to transform and improve their quality of life.

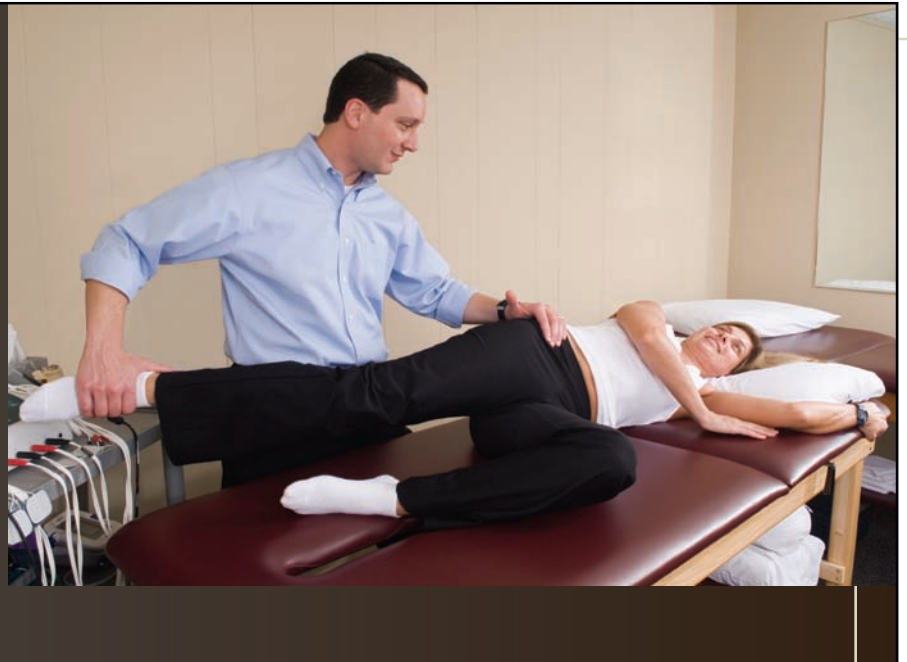


OUR CORE VALUES

Empowerment, Positive Approach, Education, Comprehensiveness, Innovation, Effectiveness, Empathy, Responsibility

“The CAN DO program gave me new tools. I learned how to better balance the physical, intellectual, emotional and spiritual dimensions within my MS experience. I felt more connected and a greater sense of control.”

—Michelle K.
CAN DO program participant living with MS



EMPOWERMENT Empower people to acquire the knowledge, tools and information they need to achieve a high quality of life and a sense of control over MS

POSITIVE APPROACH Embrace a positive, “can do” philosophy and perspective that complements the traditional medical model and standard of care to address people’s mental, physical and emotional needs

EDUCATION Provide unique offerings to build knowledge, skills, tools and motivation for people and families living with MS

COMPREHENSIVENESS Recognize that MS affects many people, and ensure that the quality of life needs of both people with MS and their support partners are met

INNOVATION Deliver client-centered programs via an interdisciplinary team dedicated to developing a personalized prescription for overall health and MS management

EFFECTIVENESS Demonstrate value and impact through the practice of evidence-based medicine and achievement of the highest possible outcomes

EMPATHY Deliver programs and services with caring, understanding and commitment

RESPONSIBILITY Demonstrate highest integrity in areas of programming, privacy, fiscal responsibility and organizational transparency

HEUGA CENTER PROGRAMS

CAN DO®—The Heuga Center’s five-day CAN DO programs are intensive health and wellness education programs that teach people with MS and their families how to take charge of their lives within the context of their disease. Programs focus on overall management of the whole person with MS, emphasizing health, physical fitness, nutrition, psychological well-being and social interaction. The culmination of the health program for each participant is a personalized lifestyle strategy that includes comprehensive recommendations and ways to seek out and acquire needed resources based on their specific goals. The staff-to-participant ratio guarantees that each person receives personal attention. Participants are able to speak with health care professionals in an intimate, relaxed environment.

In addition to the focus on the participant with MS, there is a separate track for support partners. Spouses, family members or friends are encouraged to attend the CAN DO program with the participant with MS. Special sessions are devoted to this group of support partners, addressing the unique needs, concerns and challenges brought into their lives by a loved one with MS. Each CAN DO program is limited to 25 participants and their support partners.

“This was great! I learned more in a week than in the last ten years and I am prepared to regroup and get at it. Thanks.”

—Sue K.
CAN DO program participant living with MS

CAN DO 2®—Because the symptoms of MS fluctuate over time, the two-day CAN DO 2 program gives the CAN DO program's past participants a way to update and modify their personal program. This health and wellness program re-evaluates participants' physical abilities, updates their current exercise and lifestyle program, and provides renewed motivation for maintaining health. Each CAN DO 2 program is limited to 15 participants and their support partners.

JUMPSTART®—The Heuga Center created JUMPSTART in 2000 because of the high demand for health and wellness education programs and as a cost-effective alternative for people living with MS and their family members. JUMPSTART, a one-day complimentary program, consists of educational presentations and workshops that emphasize health and wellness. Topics include disease and symptom management, exercise, nutrition and stress management.



PROGRAMS & EVENTS

MS affects 2.5 million people worldwide.

Approximately 400,000 people in the United States have MS.

2007 SUMMARY

- Provided programs and services for over 10,000 people
- 25 Health care professional symposiums in 13 states and one Canadian province
- 10 One-day JUMPSTART programs in seven states
- 8 Patient seminars in five states
- 3 Five-day CAN DO programs in two states
- 1 Two-day CAN DO 2 program
- 20 Fundraising events in the United States and Canada



CAN DO 2007

May 16-20 - Vail, CO

August 1-5 - Plymouth, MN

October 3-7 - Vail, CO

CAN DO 2 2007

June 21- 23 - Ypsilanti, MI

JUMPSTART 2007

February 16 - Idaho Falls, ID

February 17 - Boise, ID

July 14 - Durango, CO

July 28 - Colorado Springs ,CO

August 18 - Salt Lake City, UT

August 25 - Orlando, FL

September 16 - Albuquerque, NM

September 22 - Cheyenne, WY

November 3 - Phoenix, AZ

November 10 - Tucson, AZ



INTERNET

The Heuga Center also participates in various teleconferences and webinars, reaching tens of thousands of people each year through the Internet:

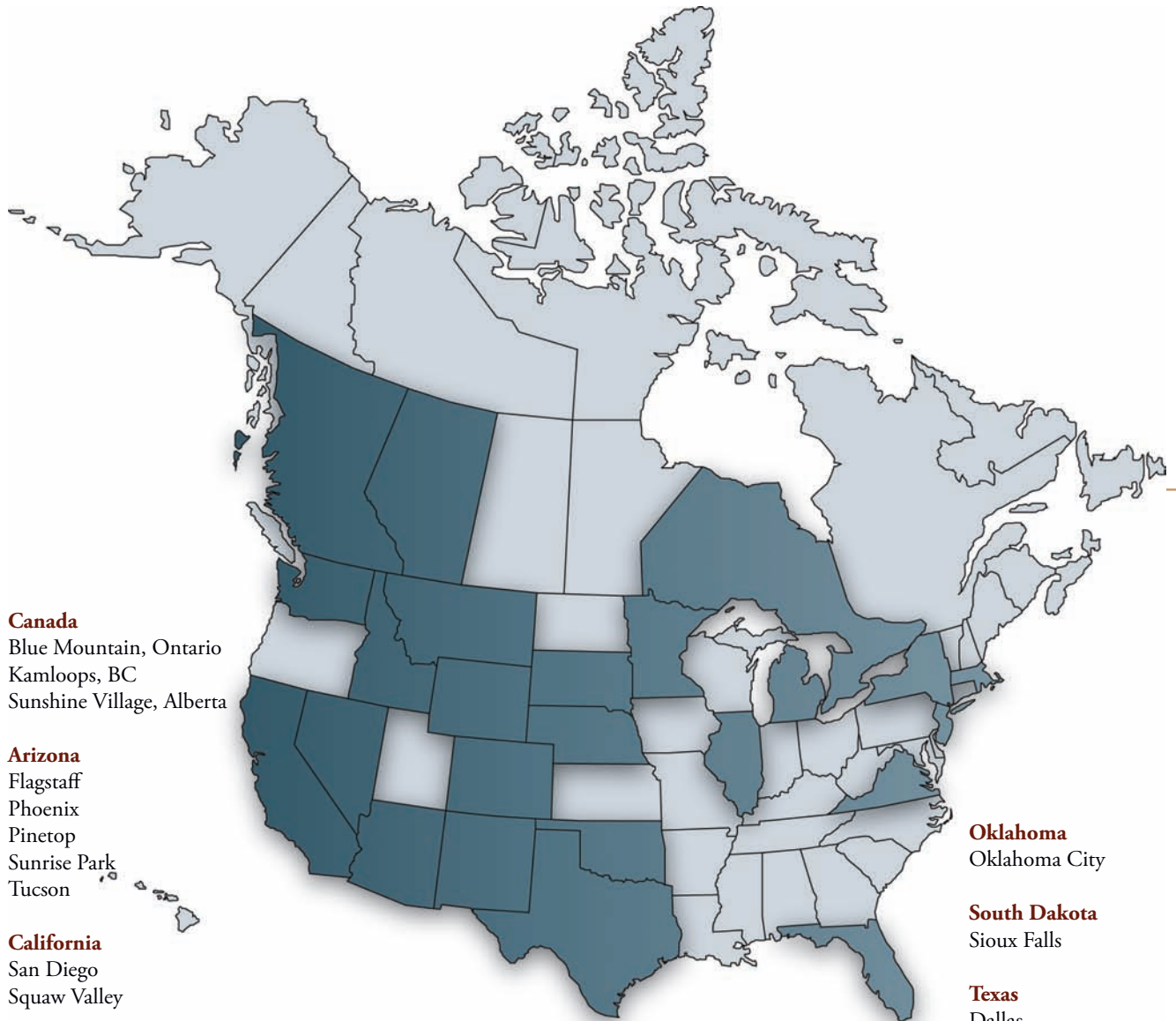
The Heuga Center for MS Web site at WWW.HEUGA.ORG

Vertical Express for MS Web site at WWW.VERTICAL EXPRESS.ORG

YOU CAN educational MS articles at WWW.NMSS.ORG

*MS is the most common neurological disease among adults
between the ages of 20 and 40.*

IN 2007 THE HEUGA CENTER'S PROGRAMS, SERVICES AND EVENTS REACHED ACROSS NORTH AMERICA



Canada
 Blue Mountain, Ontario
 Kamloops, BC
 Sunshine Village, Alberta

Arizona
 Flagstaff
 Phoenix
 Pinetop
 Sunrise Park
 Tucson

California
 San Diego
 Squaw Valley

Colorado
 Aspen
 Beaver Creek
 Breckenridge
 Colorado Springs
 Denver
 Durango
 Edwards
 Englewood
 Ft. Collins
 Keystone
 Steamboat Springs
 Vail
 Windsor

Florida
 Hollywood
 Orlando

Idaho
 Boise
 Idaho Falls
 Schweitzer Mountain

Illinois
 Chicago

Massachusetts
 Boston

Michigan
 Boyne Mountain
 Ypsilanti

Minnesota
 Plymouth
 Tower

Montana
 Big Sky

Nebraska
 Grand Island

New Jersey
 Newark
 Teaneck

New Mexico
 Albuquerque

New York
 New York City

Nevada
 Reno

Oklahoma
 Oklahoma City

South Dakota
 Sioux Falls

Texas
 Dallas
 Ft. Worth
 McAllen

Utah
 Park City
 Salt Lake City

Virginia
 Charlottesville

Washington
 Crystal Mountain
 Seattle

Washington, D.C.

Wyoming
 Cheyenne

FISCAL RESPONSIBILITY

THE HEUGA CENTER EARNED A COVETED FOUR-STAR RATING FOR FISCAL RESPONSIBILITY

Thank you for helping us earn Charity Navigator's highest four-star rating for our ability to efficiently manage and grow our finances.



ABOUT CHARITY NAVIGATOR - WWW.CHARITYNAVIGATOR.ORG

The nation's largest and most-utilized, independent evaluator of nonprofit organizations

Evaluates more than 5,000 U.S.-based 501(c)(3) organizations each year

Rating system based on multiple components, including service delivery, organizational and financial health

Donors rely on star-rating system to guide their dollars to the most responsible charities

ABOUT OUR RATING

1,440 nonprofits nationwide received the four-star rating in 2007

The Heuga Center is one of 41 nonprofit organizations in Colorado that received the four-star rating

The Heuga Center is the only four-star nonprofit in Eagle County, Colorado

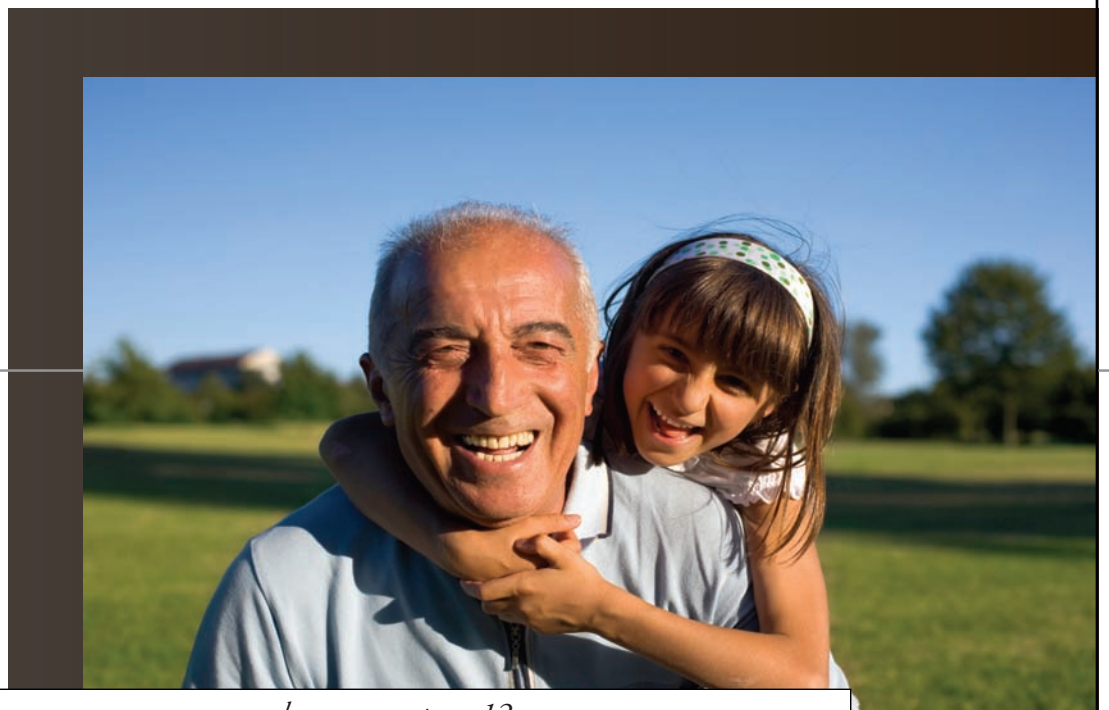
View our rating at www.charitynavigator.org

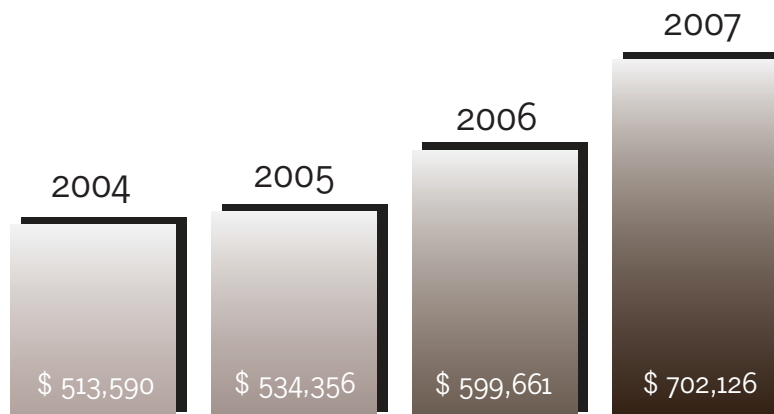
JIMMIE HEUGA CENTER ENDOWMENT

The purpose of The Jimmie Heuga Center Endowment is to support The Heuga Center's programs and research activities now and in perpetuity. The Endowment is a 501(c)(3) organization independent from The Heuga Center. The Endowment was created in 1997 to ensure the Center's longevity and financial stability. The Endowment was the inspiration of Waldon (Brock) and Evalyn Byers, long-time supporters of The Heuga Center.

2007 ENDOWMENT BOARD MEMBERS

Brock Byers
Evalyn Byers
Bob Gardner
Dr. Richard Hicks
Jeff Olson
Gini Patterson
Tomas Stone

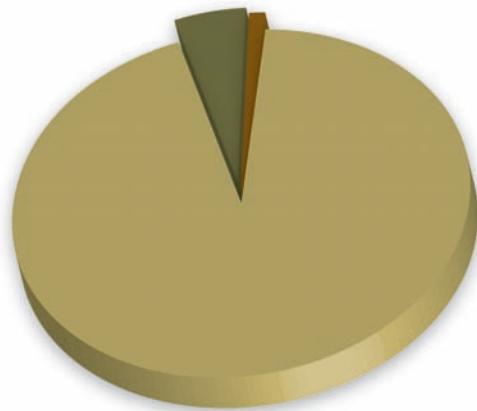




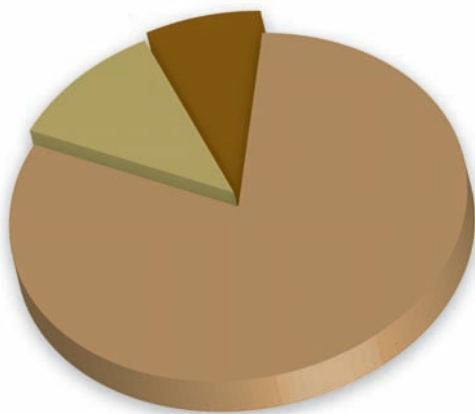
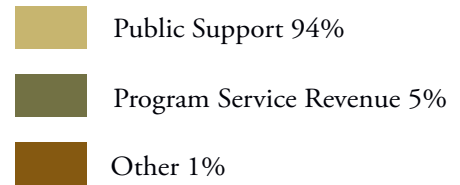
JIMMIE HEUGA CENTER ENDOWMENT FUND GROWTH

The Heuga Center's Endowment continues to grow. Once it reaches \$1 million dollars, we will use a portion of the interest earned to support our mission to provide health and wellness programs to people facing the challenges of living with multiple sclerosis. As of December 2007, our Endowment held \$702,126, a 17 percent increase in one year.

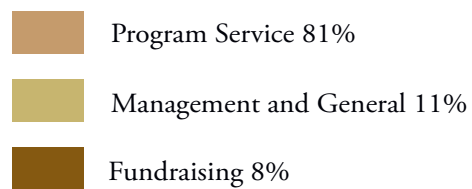
FINANCIALS



REVENUE



EXPENSE



ASSETS

	2007	2006
Cash and Cash Equivalants - Unrestricted	\$ 306,496	\$ 275,040
Cash and Cash Equivalents - Restricted	81,250	152,477
Cash - Board Designated	180,000	-
Accounts Receivable	16,990	8,161
Prepaid Expenses	27,120	5,281
Inventory	9,480	8,730
Property and Equipment	904,265	936,828
Total Assets	\$ 1,525,601	\$ 1,386,517

LIABILITIES AND NET ASSETS

	2007	2006
Liabilities		
Accounts Payable	\$ 13,699	\$ 26,180
Accrued Payroll Costs	38,435	16,035
Accrued Interest	2,466	2,466
Property Taxes Payable	6,280	-
Deferred Event Revenue	132,476	201,530
Security Deposit	1,000	1,400
Line of Credit	-	-
Mortgage Note Payable	452,952	467,240
Lease Commitments	-	-
Total Liabilities	\$ 647,308	\$ 714,851
Net Assets		
Unrestricted		
Operating	\$ 165,730	\$ 49,601
Board Designated Stability Reserve	180,000	-
Net Investment Fixed Assets	451,313	469,588
Temporarily Restricted	81,250	152,477
Total Net Assets	\$ 878,293	\$ 671,666
Total Liabilities and Net Assets	\$ 1,525,601	\$ 1,386,517

2007

REVENUE AND OTHER SUPPORT

	Unrestricted	Temporarily Restricted	Total
Special Event Income	\$ 903,572	\$ -	\$ 903,572
Less Special Event Direct Expense	(237,424)	-	(237,424)
Net Special Event Income	666,148	-	666,148
Contributions	338,377	-	338,377
Grants	190,557	143,000	333,557
Corporate Donations	95,000	-	95,000
Education, Seminars and Symposiums	80,756	-	80,756
Rental Income	32,190	-	32,190
Raffle and Sale of Merchandise	9,777	-	9,777
Interest Income	5,874	-	5,874
All Other	-	-	-
In-Kind Contributions	66,807	-	66,807
Net Assets Released from Restrictions	214,227	(214,227)	-
Total Revenue and Other Support	\$ 1,699,713	\$ (71,227)	\$ 1,628,486
EXPENSE			
Program Services	\$ 1,157,454	\$ -	\$ 1,157,454
Supporting Services			
Management and General	153,693	-	153,693
Fundraising	110,712	-	110,712
Total Expense	1,421,859	-	1,421,859
Change in Net Assets	277,854	(71,227)	206,627
Net Assets, Beginning of Year	\$ 519,189	\$ 152,477	\$ 671,666
Net Assets, End of Year	\$ 797,043	\$ 81,250	\$ 878,293

DONORS

\$25,000 and up

Anonymous
Bayer HealthCare Pharmaceuticals Inc.
Canadian Vertical Express for MS
EMD Serono, Inc. / Pfizer Inc
Fred Alger Management, Inc.
Fred J. Brotherton Charitable Foundation
Genentech, Inc.
Dorice and Corbin McNeill Jr.
Mellam Family Foundation
Rolex Watch USA, Inc.
Jean Saubert
Crissy and John Shipp
Teva Neuroscience, Inc.

\$10,000 - \$24,999

Acorda Therapeutics, Inc.
Alan & Katherine Stroock Fund
Anonymous
The Athwin Foundation
Evalyn and Brock Byers
Caring for Colorado Foundation
The Christopher and Dana Reeve Foundation
George and Dolores Doré Eccles Foundation
Grasmere Trust
Hanna & Associates Inc.
Helen K. and Arthur E. Johnson Foundation
National Multiple Sclerosis Society, Minnesota Chapter
Novartis Pharmaceuticals Corp.
The Roy A. Hunt Foundation
Squaw Village Neighbourhood Co.
Robin and Thomas Stone
US Bank
Vail Valley Motorcycle Foundation
Katherine and H.C. Van Schaack

\$5,000 - \$9,999

Anonymous (2)
Anschutz Family Foundation
The Anschutz Foundation
AXA Foundation
Biogen Idec.
Burke Design Group

Kathleen and Trent Cole
Colorado Footwear
Elaine and David Dana
Emerald Queen Hotel & Casinos
Eugenia A. Riordan Trust
Gibney, Anthony & Flaherty, LLP
Ginn Clubs & Resorts - Colorado
Val and Bob Gwyn
Aubyn and Robert Howe
Jennifer and Brian Hutchinson
Louise A. Hutchinson
LibertyGives Foundation
Genie and John Mulé
National Multiple Sclerosis Society
Betty and Chester B. Nichols
O'Connor Davies Munns & Dobbins LLP
Nancy and Henry Schacht
Steve Shraiberg and Ed Blum
Slifer Smith & Frampton Real Estate

\$2,500 - \$4,999

Clarke M. Williams Foundation
Country Club of the Rockies
Creative Healthcare Solutions
Shirley A. and George B. Creighton
Kristi and John D. Cumming
El Pomar Foundation
Fisher Communications, Inc.
Cherie and Ed Greene
The Janus Foundation
John G. Duncan Charitable Trust
Bernice Kuca
Luce & Son, Inc.
Catharina and Thomas MacMillan
Charles Mergentime
Janet and Robert Nakushian
Richard G. Neustedter
Holly Ong
Donna and Charles Parrish
The Slater Foundation
Clayton A. Struve
Katherine and Dennis Swanson
Teerlink Family Foundation
Thrivent Financial for Lutherans
Williams Companies Foundation
Lara M. and Alexander Wohllaib

\$1,500 - \$2,499

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Adheris, Inc.
Anna and Brian D. Anderson
Beck Building Company
Dort A. Cameron III
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Elizabeth and Gary DeSeelhorst
Sallie A. and Ray W. Edwards
Lynn Friday and Stephen Suleski
The Gallegos Corporation
Gap Foundation Matching Program
George Grossman
Haven and Tyler Hamilton
Dick Hauserman
Jan Helen
Alexandra and Philip Howard
Richard LaValley Sr.
Masonic Foundation of Utah
Phillip Mervis and Sheryl Facktor
Milstein Family Foundation
Nathan B. and Florence R. Burt Foundation
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Shelley F. and James M. Palmer
Diane Rosselet and Martin Vitale
Kim and Kevin Sharkey
Silverado Ranch Supply
Lynn Siu
B. Sperry Snow
Sunbelt Foundation
Michael S. Thomas
Mel Wasserman
Wells Fargo Foundation
John J. Wohlwend
Linda and Dale P. Wolfe

\$1,000 - \$1,499

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Phil and Katie Bates
Suzan and William Black
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Nancy and D. Peter Canty
Canyon Fever, Inc.
Percilla A. L. Chappell

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Crystal Mountain Lodging
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Nasser, Nader, Kambiz Damaghi
Dealer Computer Services, Inc.
Dix Corporation Contractors
Dreamcatcher Endowment, Inc.
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Epicurean Wines
Connie and Robert Erickson
Gillian and Walter Fischer
Fitball USA, Inc.
Beth and Robert Gardner
Alan C. Greenberg
Jim A. Harrer
Stephen Hodgkins
The Housing Company
The James R. Moffett Family Foundation
John P. McBride Family and the ABC Foundation
Joseph Perini Memorial Foundation
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Lynne and George Kay
Koebel Family Foundation
Paula and H. Montgomery Loud
Kelly Martin
Gail and Andrew Miller
James R. Moffett
Leigh Ann and Scott Mullinix
Nevermore, Inc.
Gini Patterson
Perry Yockey Family Foundation
Pinnacle Assurance
The Reed & Nan Harman Foundation
Nina and Tom Sisk
Judy and Richard Stark
Elizabeth A. Stone
The Stone Foundation
Rochelle and Ronald Tamkin
Sharon and Chuck Teetsel
Monica and Daniel Voltz
Wal Mart Stores, Inc.
Whispering Vine Wine Company
Jennifer M. and Thomas H. Wickes
Nancy Wickes

Patricia and Harold Wolfe
Ralph Wyer
Diana A. and James E. Yacobucci

\$500 - \$999

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Michael P. Altringer
Gary I. Amendola
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American Payroll Service Ltd.
Amneon LLC
Anonymous (4)
Michelle Arrouge
Ascent Physical Therapy
Avon Protection Systems, Inc.
Bank of America Matching Gifts
Program
Roger Bayston
Mary S. and Clyde R. Benson
James Bergmann

Colorado Demonstration Skiing
Women's
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Neal Ducharme
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Kennedy

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Denise Meyer
Susan and Thomas Morrison
W. Barton Munro Jr.
National MS Society, Colorado Chapter
Eleanor and Patrick D. Nolan
The O'Donnell Foundation
Terry E. and Peter Laird Osborne
Thomas Patton
Karen A. and Richard E. Paulson
Beth and Bruce Perlo
Richard A. Pierson
Karin Pizzitola
James H. Prince
Bonnie Reidhead
RNM Services
Marilyn and Rick Robinson
Rocky Mountain Healthcare Options,
Inc.
Barbara S. and Charles B. Roehrig

“The Heuga program is the most comprehensive, most motivational program I've ever worked with. Participants are provided with a complete package of assessments and recommendations, and I'm always astonished by the dedication and positive attitudes of all the staff. It's contagious.”

—David Engstrom, PhD
Heuga Center Program Staff Member

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Connie L. and Edwin P.
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 Wasatch Advisors Inc.
 Washington Mutual
 Heather Watson
 Elizabeth B. Webster
 Jacqueline and James Welsh
 Matthew Wiley
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 Ida and Fred Wool

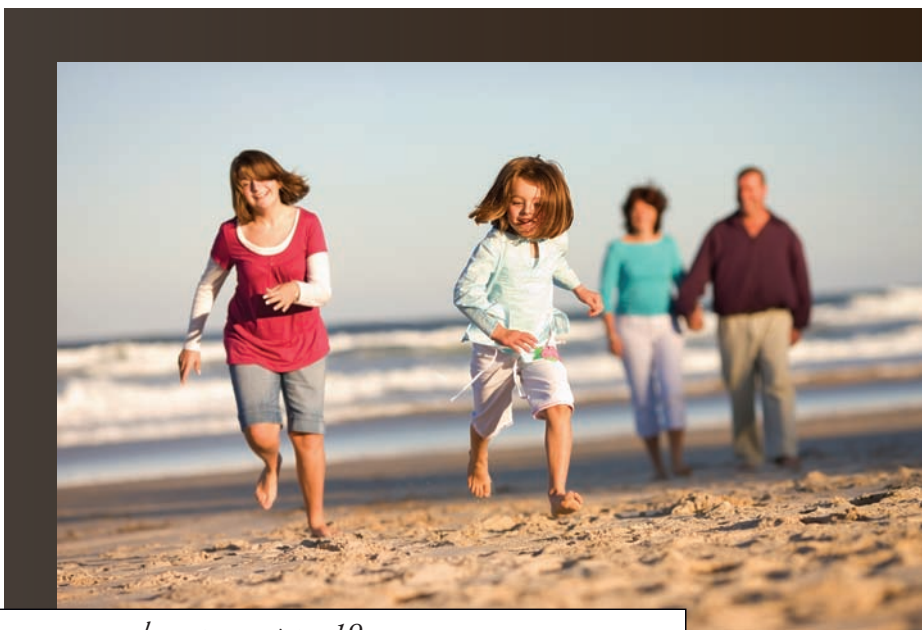
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 Ollie Ballard
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 Valerie and Bruce Barber
 Barclays Global Investors Matching
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 Kelly Cantlen
 Capt'n Ron's, LLC
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 Lara Carlson
 Catherine W. and David K. Carlson
 James W. Carney
 Debbie Carr
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 Nadine Carroll
 Scott Carter
 Gail C. and Lawrence S. Caruso
 Carver Brewing Company
 Susan Caskey
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 Marta Cervantes

\$100 - \$499

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 4-K Partnership
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 Jennifer and Neil D. Adams
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 Gloria and Doug Agenten
 Judith Aiello and Maurice Fantus
 Eileen Alexander
 Pamela Alexander
 Annika Alford
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—Howard B.
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CAN DO and CAN DO 2 programs.”

—Debbie M.

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 Simba Run Resort
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In Honor Of

Barbara and Howard Brinton
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In Memory Of

Bradley Arkin
 Millie Cinquemano
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Legacy Circle

The following supporters have made a planned gift to The Heuga Center

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 in memory of Howard Neustedter
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“I went to the CAN DO program at The Heuga Center with several problems. The week at CAN DO helped me reach inside myself and find the courage to continue to move on and live a full, happy, successful life.”

—Robin M.
 CAN DO program participant living with MS

73 percent of people with MS are women.

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as of December 31, 2007

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as of December 31, 2007

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Thank you to those who contributed to this Year in Review at no charge.

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“After attending a Heuga Center program, people's attitudes change. They realize they're better because of life's challenges.”

—Jimmie Heuga
Heuga Center Founder

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