OUR VISION
Strengthen every family living with MS.
OUR MISSION
Deliver health and wellness education programs to help families living with MS thrive.
OUR GROWING IMPACT

Number of participants living with MS impacted each year.
PROGRAMS DELIVERED

![Bar chart showing programs delivered from 2013 to 2017. The number of programs delivered increases significantly in 2017.](image-url)
PROGRAM MARKETS

50 programs held in more than 40 communities across the country.
34,277 participants living with MS and their families in 2017.
PROGRAM OUTCOMES

Program participants report the following impacts:

**KEY FIGURES**

96% Intend to make positive lifestyle changes after the program.

97% Have improved confidence levels and motivation to better manage MS symptoms.

100% Have increased feelings of empowerment, communications, social support, and knowledge.

100% Have high levels of program satisfaction and gaining of knowledge, skills, and resources.
“Thanks to the support partner sessions, my husband realized I was experiencing sleep twitches at night as a result of my MS. I was able to receive proper medication which reduced my fatigue and allowed me to return to work full-time. Can Do MS gives people the opportunity to thrive with MS on all fronts.

- Ashley, Program Participant
“After a week of support and empowerment, I was inspired to start running again. I’m 52 years old and just finished a half marathon after not running for eight years! Can Do MS helped me get my mojo back!”

- Rene, Program Participant
“I found new ways to do the things I used to be able to do: like getting a three-wheeled bike to join my husband on walks. When that became too difficult, I got a handcycle, and I learned to swim! The fact that I can exercise and see improvement without my legs holding me back has truly been an uplifting discovery!”

- Diane, Program Participant
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Gore Range Brewery
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Bol
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Bart & Yeti's
Arrowhead Alpine Club
Andra O'Connell
Google Matching Gift Program
FINANCIALS
For the period from January 1 to December 31, 2017

### Revenue and Other Support

<table>
<thead>
<tr>
<th>Description</th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td>Grants</td>
<td>$658,180</td>
<td>$658,180</td>
<td>$658,180</td>
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<tr>
<td>Contributions</td>
<td>129,577</td>
<td></td>
<td>129,577</td>
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<tr>
<td>Corporate Donations</td>
<td>587,500</td>
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<tr>
<td>In-Kind Contributions</td>
<td>30,657</td>
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<tr>
<td>Education, Seminars, Symposiums</td>
<td>121,881</td>
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<td>121,881</td>
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<tr>
<td>Special Event Income</td>
<td>488,743</td>
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<td>488,743</td>
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<tr>
<td>Change in Net Assets of the Endowment</td>
<td>(159,549)</td>
<td>(159,549)</td>
<td>(159,549)</td>
</tr>
<tr>
<td>Interest &amp; Dividend Income</td>
<td>2,250</td>
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<td>2,250</td>
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<tr>
<td>Other Income</td>
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<tr>
<td>Total Support and Revenue</td>
<td>2,018,788</td>
<td>(159,549)</td>
<td>1,859,239</td>
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### Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>Total</th>
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<tbody>
<tr>
<td>Program Services</td>
<td>1,711,871</td>
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<tr>
<td>Administration</td>
<td>151,832</td>
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<tr>
<td>Fundraising</td>
<td>166,578</td>
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<tr>
<td>Total Expense</td>
<td>2,030,281</td>
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### Change in Net Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Total</th>
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</thead>
<tbody>
<tr>
<td>Net Assets, Beginning of Year</td>
<td>652,133</td>
</tr>
<tr>
<td>Net Assets, End of Year</td>
<td>$640,640</td>
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</tbody>
</table>

### Revenue & Support

- **Revenue & Support Unrestricted:** $658,180
- **Temporarily Restricted:** $658,180
- **Total:** $658,180

### Total Expenses

- **Total Expenses:** $2,030,281

### Net Assets

- **Net Assets, Beginning of Year:** $1,296,351
- **Net Assets, End of Year:** $1,777,442